## **Breakfast**

All Items Priced Per Person - Minimum of 10 Guests

### CONTINENTAL

\$11.50

Select One (1):

- Blueberry and Honey Overnight Oats VE
- · Greek Yogurt Parfait with Seasonal Fruit VE

### Select One (1):

- Freshly Assorted Baked Muffins
- · Freshly Baked Pastries

Served with Fairtrade Coffee, Tea, Asst Juice Butter and Preserves

### **CANADIAN**

\$16.50

Chive Scrambled Eggs GF VE

Select One (1):

- 2 Waffles **VE**
- 2 Pancakes VE

Both come with Canadian Maple Syrup

### Select One (1) protein:

- 2 pieces of Pork Sausage
- 2 pieces of Crispy Bacon **GF**
- · 2 pieces of Sliced Turkey GF

Country Style Hashbrowns

Fresh Sliced Fruit Platter GF V

Served with Fair-trade Coffee, Tea, Butter and Preserves

### **A LA CARTE**

Individual Greek Yogurt <b>GF VE</b>	\$2.50
Yogurt Parfait	\$4.75
Freshly Baked Muffin & Pastry Platter	\$3.50
Fresh Baked Assorted Cookies	\$2.25
Dessert Platter	\$5.75
Decadent Dessert Platter	\$7.45
Snack Right Platter	\$10.45
Fruit skewers, yogurt, trail mix, granola bars	
Snack Attack Platter	\$8.95
Assorted chips, trail mix, chocolate bar, deluxe cookies	



## **Breakfast Sandwiches**

*Select One (1)* \$5.50

- Egg, Bacon and Cheese
- BLT
- Western (ham, egg, red pepper, onions)

## **Platters**

Priced Per Platter - Each Platter Serves 10 Guests

<b>Crudité Platter</b> Assorted veggies served with hummus <b>GF V</b>	\$50.00
Charcuterie Board Sliced Meats, pickles & crackers	\$90.00
Cheese Display International cheese board Selection of cheeses with lavash VE	\$85.00
Sliced Fruit Platter Seasonal fruit garnished with berries GF V	\$65.00

## Beverages

Priced Per Person

Pot of Fairtrade Coffee	\$23.00
Selection of tea - 8 to 10 people	\$15.00
Assorted Fruit Juice Bottle	\$2.25
Carbonated Beverages	\$2.25
Sparkling Water (250ml)	\$3.50
Alkaline Spring Water (230ml)	\$2.50

### Lunch

All Items Priced Per Person - Minimum of 10 Guests

### SANDWICH BOARD

\$8.00

Select Three Choices (3):

- Grilled Chicken Caesar & Parmesan (GF available)
- Roast Beef with Cheddar and Lettuce
- Turkey with Swiss & Lettuce
- Medi-Chicken with Pesto, Feta, Red Pepper & Spinach
- Egg Salad **VE**
- Tuna Salad Wrap
- Falafel & Hummus, Pepper, Cucumber & Tomato Wrap V

### SHARABLE SALADS

Classic	\$5.25
(Caesar, Garden or Greek)	
Premium	\$6.25
(Mexican Quinoa, Glass Noodles or Israeli Couscous)	

### SEASONAL BUFFET

\$25.00

Chef's Selection of Classic Salad

Chef's Protein Selection.

Select one (1):

- · Beef Striploin GF
- · Herbed Chicken GF
- Portobello Tower V
- Butternut Squash Ravioli with Pesto Sauce VE

#### Select One (1) side combo:

- Basmati Rice & Seasonal Vegetables **GF VE**
- Mashed Potatoes & Seasonal Vegetables GF VE
- Roasted Potatoes & Seasonal Vegetables GF V

Seasonal Buffet also Includes Chef's Dessert Platter

For premium selections, inquire with the Chef

# Let's Dine Together!

Your TCI Catering Team is ready to impress your guests with our freshly prepared Breakfast & Lunch offerings. From boardroom meetings to energizing breaks - count us in for your next catering!

PLACE AN ORDER cateringtci@aramark.ca or 437-227-5027

## Can't find what you are looking for?

For custom or premium orders, please reach out to Chef Almalik Muradally at muradally-almalik@aramark.ca

